

# LANE COVE SWIMMING CLUB INCORPORATED PO Box 5, Lane Cove, NSW 1595

# 2016 MINUTES

# 55th ANNUAL GENERAL MEETING

### Held on Monday 8th August, 2016 at 7.00 pm The Cove Room, Lane Cove Council Civic Centre

### PRESENT:

Kylie Beattie, Jim Roberts, Cathy Sutton, Kristin Wydell, Amanda Vance, Suzy Baird, Jenny May, Nicole Pollitt, Sara Bennett, Lesley Pike, Aaron Funnell, Louise Bain, Julie Morgan, Ruth Darling, Geoff Wicks, Kim Wlossak, Margaret Campbell, Brett Winkworth, Caroline Hill, Stephen Callaghan, Kirstin Ritchens, Cameron Champion, Helen McLay.

#### 1. Welcome

Kylie Beattie welcomed and thanked members for attending and declared open the fiftyfifth Annual General Meeting of Lane Cove Swimming Club Incorporated.

### 2. Apologies

The following apologies were received by the Committee:

Marita Winters, Alistair McElligott, Amanda Harrison, John Wolley, Judy McMahon

### 3. Confirmation of previous minutes

The minutes of the 2015 AGM had been circulated to all members prior to this meeting and were also distributed in hard copy at tonight's meeting.

*Motion:* Moved by Louise Bain and seconded by Jim Roberts that the Minutes of the fiftyfourth AGM held on Monday 10th August 2015 be accepted as a true and accurate record of that meeting. All present were in favour with none against and the motion was unanimously carried.

# 4. Business Arising from 2015 Annual General Meeting

No business arose from the 2015 AGM.

# 5. President's Report

Kylie Beattie presented the President's Report.

# Refer to Appendix A: President's Report

*Motion:* Moved by Suzy Baird and seconded by Jenny May that the President's Report be accepted by the meeting. All present were in favour with none against and the motion was unanimously carried.

It was noted that LCSC is the largest swimming club by membership numbers in NSW.

It was noted that the additional time trials that were tabled in 2015 were considered unnecessary to be continued in 2016-17 given the availability of time trials set by SMNE.

### 6. Treasurer's and Auditor's Report

Kylie Beattie read the Treasurer's Report.

# Refer to Appendix B: Treasurer's Report

*Motion:* Moved by Geoff Wicks and seconded by Margaret Campbell that the Treasurer's Report be accepted by the meeting. All present were in favour with none against and the motion was unanimously carried.

Louise Bain thanked the sub-committee involved in the management of the insurance claim for the enormous effort and commitment displayed to resolve the issue. This was seconded by Lesley Pike.

Kylie Beattie reiterated the sensitivities of insurance claims and in the interests of protecting the members of the club and the club's reputation requested that this matter not be discussed further.

# 7. Head Coach's Report

Brett Winkworth read the Head Coach's Report.

Refer to Appendix C: Head Coach's Report

*Motion:* Moved by Jenny May and seconded by Julie Morgan that the Head Coach's Report be accepted by the meeting. All present were in favour with none against and the motion was unanimously carried.

# 8. Learn to Swim Program

Kylie Beattie read the Learn to Swim Program report prepared by Charlotte Eastern and Tyson Baker.

# Refer to Appendix D: Learn to Swim Report

*Motion:* Moved by Cathy Sutton and seconded by Stephen Callaghan that the Learn to Swim Program Report be accepted by the meeting. All present were in favour with none against and the motion was unanimously carried.

# 9. Election of Life Members

No nominations for Life Membership were received.

# 10. Election of Patron

*Motion:* It was moved by Louise Bain and seconded by Cathy Sutton that the Mayor of Lane Cove Council be re-elected as the Patron of Lane Cove Swimming Club Inc. All present were in favour with none against and the motion was unanimously carried.

# 11. Election of Office Bearers and Committee Members

Kylie Beattie, the President of LCSC declared all positions vacant.

In accordance with the constitution of Lane Cove Swimming Club Incorporated, notice had been given to members and life members for the nomination of Office Bearers and Committee Positions.

In accordance with clause 22.1 and 22.2 of the constitution, the Secretary advised Geoff Wicks that the following nominations had been received and seconded:

Position	Nominee	Seconded	
President	Kylie Beattie	Sara Bennett	
Vice President	Amanda Vance	Kylie Beattie	
Secretary			
Treasurer	Julie Morgan	Kylie Beattie	
Registrar	Caroline Hill	Kylie Beattie	
Race Secretary	Suzy Baird	Kylie Beattie	
Individual Members	Amanda Harrison Frank Hammersley		
	Stephen Callaghan	Kylie Beattie	

Helen McClay	Sara Bennett
Nicole Pollitt	Sara Bennett
Kim Wlossak	Sara Bennett
Alistair McElligott	Kylie Beattie
Lesley Pike	Sara Bennett
Cameron Champion	Kylie Beattie
Brett Winkworth	Sara Bennett

\*\* No nominations were received by the Secretary for the position of Secretary and so nominations were called for at the AGM.

Following this final nomination, all nominations were then accepted, unanimously voted for and duly elected.

### 12. Election of Officials

The following officials were nominated and unanimously elected.

Position	Nomination	Proposed	Seconded	
Public Officer	Cameron Champion	Kylie Beattie	Sara Bennett	
Learn to Swim	Tyson Baker Charlotte Eastern	Kylie Beattie	Caroline Hill	
Delegate to SNSW	Amanda Vance	Kylie Beattie	Suzy Baird	
Delegate to SMNE	Lesley Pike	Kylie Beattie	Sara Bennett	
Website Editor	Kirstin Ritchens	Kylie Beattie	Margaret Campbell	
Facebook Editor	Amanda Vance	Kylie Beattie	Suzy Baird	
Newsletter Editor	Angela Gibson	Kylie Beattie	Louise Bain	

As incoming Public Officer, Cameron Champion is to complete and send the requisite form to the NSW Department of Fair Trading within one month of the 2016 AGM.

# 13. Election of Race Day Officials

Position (includes Spring Carnival and Club Championship)	Nomination	Proposed	Seconded	
Meet Director	Stephen Callaghan	Kylie Beattie	Suzy Baird	
Sat. Race Secretary	Mandy Harrison	Kylie Beattie	Lesley Pike	
Referees	Pauline Corthorn John Wydell	Kylie Beattie	Cathy Sutton	
Recorder	Ruth Darling	Kylie Beattie	Sara Bennett	
Chief Starter	Geoff Wicks	Kylie Beattie	Sara Bennett	
Asst. Starters	Bronwyn Hewish John Wydell Ruth Darling	Kylie Beattie	Sara Bennett	
Chief Timekeeper	Lesley Pike	Kylie Beattie	Sara Bennett	
Asst. Chief Timekeepr	Amanda Vance	Kylie Beattie	Sara Bennett	
Marshall / Check Starter	Suzy Baird	Kylie Beattie	Sara Bennett	
Asst. Marshall	Stephen Callaghan	Kylie Beattie	Sara Bennett	
The Roma Mile	Jim Roberts	Kylie Beattie	Sara Bennett	

Kylie Beattie proposed these positions be elected and Sara Bennett seconded. These positions were duly elected.

### 14. Subscription Fees & Terms and Conditions of Membership 2016/2017

Caroline Hill referred to the Membership Fee Structure and Registration document.

It was noted that the squads have changed name and if swimmers want to be in the Gold Squad they must be competitive members of LCSC.

# Refer to Appendix E: Membership Fee Structure and Registration Document

*Motion:* It was moved by Brett Winkworth and seconded by Margaret Campbell that the Membership Fee Structure presented be endorsed and the document be accepted by the meeting. All present were in favour with none against and the motion was unanimously carried.

# 15. Summer Season Race Program 2016/2017

Kylie Beattie referred to the Summer Season Race Calendar prepared by Amanda Harrison.

# Refer to Appendix F: Summer Season Race Calendar

*Motion:* It was moved by Louise Bain and seconded by Jim Roberts that the Summer Season Race Calendar be approved. All present were in favour with none against and the motion was unanimously carried.

# 16. Appointment of Auditor

*Motion:* It was moved by Kylie Beattie and seconded by Stephen Callaghan that Scott Chartered Accountants of Lane Cove be appointed as Auditors for the ensuing year. All present were in favour with none against and the motion was unanimously carried.

# 17. General Business

No general business arose.



# LANE COVE SWIMMING CLUB INCORPORATED PO Box 5, Lane Cove, NSW 1595

# 2016 ANNUAL GENERAL MEETING

# MINUTES - APPENDICES

There are six documents in the appendices that form part of the Minutes of the 2016 AGM.

- Appendix A: President's Report
- Appendix B: Treasurer's Report
- Appendix C: Head Coach's Report
- Appendix D: Learn to Swim Report
- Appendix E: Membership Fee Structure and Registration Document
- Appendix F: Summer Season Race Calendar

#### LANE COVE SWIMMING CLUB PRESIDENT'S REPORT FOR THE YEAR ENDED 31 MARCH 2016

It has been a very productive year for Lane Cove Swim Club and there has been a huge amount of work done by the Committee to ensure the Club has the foundations to continue to grow and succeed in a highly competitive environment.

Memberships have remained strong and we currently have 350 Club members including 129 competitive members. The Club continues to provide an excellent range of activities to nurture and develop our swimmers from beginners to the elite competitors.

The coaches work extremely hard to support and grow our swimmers, and they have achieved some excellent results that are highlighted in the Head Coach report. Brett Winkworth, our Head Coach, together with our senior coaches, Aaron Funnell and Michael Creighton, have done a great job to build the Club spirit within the Lane Cove and Wenona squad programs. This has been evident at the Winter 2015 ACT Championships, the January 2016 State Camp and team development sessions that have been held with both Lane Cove and Wenona squads. I want to acknowledge the commitment of all the coaches and thank them for their contribution to our Club.

The Club has had an action-packed year and the following report outlines our key achievements, as well as highlighting what our focus will be in the coming year.

#### **KEY ACHIEVEMENTS**

#### 1. Saturday Morning Club (October 2015- April 2016)

- Online race registration process successfully introduced, streamlining the registration process and reducing the time required for race entry and heat allocation. It also improved the communication process between the swimmers and the Saturday Morning Club team. Three time trial mornings successfully held at Saturday Club (in Oct, Nov, Dec) enabled swimmers to obtain official qualifying times for upcoming carnivals.
- Increased parent involvement in Saturday morning Club activities including a new rotating parent roster for the BBQ superbly managed by the new BBQ Coordinator, Frankie Britt. Even the Joeys boys will be helping out with the BBQ in the 2016-17!
- **Record number of attendances at Saturday Morning Club** with up to 130 swimmers over a number of weeks, particularly around the time trial weeks.
- **Successful transition** of a number of Learn to Swim participants into Saturday morning club races.
- **Successful season of Learn to Swim** well coordinated by Tyson Baker and Charlotte Easten (separate LTS report to be presented).
- Huge thank you to the Saturday Morning Club team Mandy Harrison, Ruth Darling, Frank Hammersley, Helen McLay, Caroline Luck, Frankie Britt, John Wydell, Geoff Wicks and Lesley Pike. It was one of the busiest and most successful Saturday Morning Club seasons ever. Thank you for your patience, hard work, precision planning and commitment, you have all been amazing.

#### 2. Winter Club (May-August 2015)

• Continues to be an important introduction to Club racing for younger swimmers. Regular attendance of 30-40 swimmers.

 Thank you to Stephen Callaghan for coordinating Winter Club and for the Club Captains for their help.

# 3. Spring Carnival (Sunday 22 November 2015)

- Great success raising over \$10,400 of funds for the Club, and attended by 23 Clubs from around Sydney.
- Rotary Lane Cove successfully ran the BBQ freeing up LCSC parents and volunteers to help on other key roles.
- The event showcased the friendly, committed members of the Club, with over 50 volunteers from the Club involved in the event.
- The event was held a month later than usual which did impact on race entries. The aim in 2016 is to hold this event earlier in the season.
- Thank you to Stephen Callaghan who did a superb job in his debut as Meet Director. Thank you to the team that supported Stephen including Cathy Sutton, Julie Morgan, Ruth Darling, Mandy Harrison, John Wydell and the many parent volunteers.

### 4. Club Championships (20/21 & 27/28 February 2016)

- Strong attendance in the 12 and under age groups.
- Only small number of teenage swimmers, our aim is to grow this group from the large number of young swimmers we have in the 10-12 age group.
- Nine swimmers broke one or more records.
- Thank you to Julie Morgan, Ruth Darling and John Wydell for their hard work to make the Club Championships run so smoothly.

### 5. The Mile Event (14 February 2016)

- Great Club involvement with 60 swimmers, including 15 families with two or more swimmers.
- Congratulations to Jim Roberts for achieving 35 swims and for coordinating the event, and to Ian Dale for achieving 25 swims.

### 6. Presentation Dinner (30 May)

- One of the highlights of the Club calendar, attended by a record number of Club members - 172 people
- It was a fun-filled night highlighting our enviable Club spirit and rewarding and encouraging our swimmers.
- Thank you to Cathy Sutton and Alison Aquilina for their great organisation of this event.

### 7. State Swim Camp (January 2016)

- Organised by the coaches and attended by 44 of the 50 person State Age team.
- Great success and provided excellent opportunities for team building.

### 8. Two new referees!

 Congratulations to John Wydell and Bronwyn Hewish who successfully completed their referee accreditation. We are very proud of their achievements and we are already benefiting from their refereeing expertise at our Club events.

### 9. Fundraising Activities (on-going)

- Aussie Lane Cove's \$5,000 annual sponsorship is much appreciated and Adam Parsons and his team are an important partner of the Club.
- Spring Carnival was a major fundraiser generating \$10,400 revenue for the Club.
- Regular raffles throughout the year helped to fund various activities.
- Thank you to Cathy Sutton for managing many of the fundraising activities.

#### 10. Extending our Promotional Activity

- LCSC had a stall at the Lane Cove Rotary Fair on 11 October which provided a great opportunity to promote the Club to the wider community.
- The Club's social media was an important tool to engage members over the past year and to communicate Club activities and messages. Thank you to Amanda Vance who manages an engaging Facebook page and to Maddy Munns for managing the Instagram account.
- The website continues to be an important communication tool for the Club, particularly as registrations for all our events are now running from our website. Thank you to Kirstin Ritchens for maintaining the site and dealing with any issues that have arisen so patiently.
- LCSC Newsletter is also an important communication tool and thank you to Angela Gibson for her role in editing and coordinating this publication.

#### 11. Improved financial systems, recording and processes

- Significant work has gone in behind the scenes to improve the financial systems and processes for the Club.
- This work includes improving the Club's internet banking security and internet banking processes and increasing the transparency of the Club's accounting procedures.
- A new auditor will be appointed to audit the 2016-17 accounts.
- The Club now has a new internet banking system with ANZ including a two step approval process for every EFT transaction.
- The Committee has put in place clearer financial delegations, budget management systems and processes for recording cash transactions.
- We are also working to reduce the number of cash transactions in the Club and we are planning to move uniform sales online later in 2016.

#### FOCUS FOR THE COMING YEAR

- Continue to run Summer and Winter time trials for swimmers to achieve qualifying times for up-coming meets.
- Identify ways to keep our swimmers engaged and swimming into their teens with the Club.
- Transitioning to on-line uniform sales.
- Improvements to the LCSC website to enable online uniforms sales and improved site design.
- Training more parents as officials checkstarters, timekeepers and other roles.
- Continue to seek member feedback and engagement.
- Continue to build Club spirit and involvement.

#### FINAL ACKNOWLEDGEMENTS

The Committee plays a critical role in the management and delivery of the Club's activities and I want acknowledge them for the incredible job they do. I have mentioned many of them already in this report, but there a couple who have played key roles in the past year that I particularly want to acknowledge.

Amanda Vance has been an exceptional Vice President and support to me. She is incredibly hard working and I really valued the fresh ideas, great organisational skills and amazing energy she brings to the Club. I also want to acknowledge Sara Bennett our Club Secretary and Public Officer who has done an excellent job keeping up with the Club communication and providing advice and support on issues facing the Club over the past year. Julie Morgan has done a great job as Race Secretary, and Caroline Hill as Registrar welcoming people to the Club and patiently working with new members as they process their on-line registrations. I also want to thank Cameron Champion for his invaluable financial advice and support with Club matters over the past year.

To the outgoing Committee members – Louise Bain, Cathy Sutton and Kirsten Ritchens - thank you for your incredible contribution you have made to the Club. You collectively have bought nearly 30 years of service and we thank you for your leadership, your loyalty and your sheer hard work. It is very much appreciated.

We also thank our Patron, Mayor, Councillor Deborah Hutchens, Lane Cove Council and Andrew Hungerford at Bluefit for their invaluable support over the past year.

My first year as President has been challenging, but I am proud of what we have achieved and look forward to another successful year ahead.

Kylie Beattie President Lane Cove Swim Club

# Lane Cove Swimming Club Inc

# ABN 78 859 850 459

# Treasurer's Report for the Year Ended

### 31 March 2016

Prepared by: Kylie Beattie 12 July 2016

### **Principal Activities**

The principal activities of the association during the financial period were: *Non Profit Swimming Club* 

I am have prepared the Treasurer Report of the Lane Cove Swimming Club Incorporated ("the Club") being for the year ended 31 March 2016.

The Club continues to be financially sound, with sufficient cash available to further the activities of the members and develop the status of the Club in the community.

### **Cash Position**

At the end of the financial year on 31 March 2016 the Club had net cash available of \$21,388.66.

### **Trading Result**

The net profit for the year was \$22,376.37 compared to a profit of \$16,650.53 for 2015 and a profit of \$921 for 2014.

This profit includes a surplus of \$15,032.76, which is payable by the Club's insurer in response to an insurance claim lodged by the Club in the 2015-16 financial year.

I would like to acknowledge and thank the Committee and the members have worked hard over the past 12 months to raise funds which support the activities of our competitive swimmers.

Apart from carnival entries, the Club has undertaken the following expenses

- 1. Coaches attendance at targeted Meets for our swimmers. We also provided coaches support for our Nationals team.
- 2. An additional set of Dolphin timing watches was purchased by the Club.
- 3. Storage bins were purchased by the Club for use by LCSC squad members at Lane Cove pool.
- 4. Mats were purchased by the Club to be used for dry land activities by LCSC squad members at Wenona pool.

- 5. LCSC water bottles were purchased by the Club and given to competitive members who qualified for district events.
- 6. LCSC caps were purchased by the Club and given to new Club members in 2015-16 season.
- 7. A new laptop computer was purchased by the Club for use in recording results for events and for Saturday morning Club online registrations.
- 8. The Club subsided the State Swim Camp held in January this year by \$500.

The Club has not paid income tax, and is not expected to in the foreseeable future.

# **Major Activities**

### Spring Carnival

Our major event, the Spring Carnival was successful once again this year. The result of a profit of \$10,450, was slightly down on the 2015 Spring Carnival profit of \$12,902 but comparable to the 2014 profit of \$9,980. The later date of the Carnival (end of November instead of end October), resulted in less race entries, and this was the main reason for the reduced profit this year. Spring Carnival event costs were significantly reduced this year due to a reduction in hiring costs as the Club borrowed equipment such as marquees from other local sporting clubs.

### **Carnival Entries**

The Club swimmers have had a successful year and there is significant growth in the number of younger competitive swimmers. The Club pays for the entry fees for relays in district and state events providing competitive swimmers the opportunity to swim in these events representing our Club. All key carnivals now have online entries where swimmers pay direct for their entries. The Club no longer has to manage the entry fees for swimmers for competitive meets. This is reflected this year with minimal carnival entry fees \$388, compared to \$15,443 in 2015 and \$37,317 in 2014.

### Asset and Liabilities

Members funds (i.e net assets) has increased to \$95,501.84 compared to \$69,997 in 2015.

The Club has no liabilities (debts).

Overall, the Club is in a sound financial position, and is therefore able to explore more options and choices for the benefits of members.

# Coach's Report 2015/16

Once again another year seems to have passed us by in no time at all - however all those who have been involved can agree each year seems to be busier than the last. I would like to thank Aaron for his support and congratulate him on being selected as a 2016 Junior Sharks Head Coach, a great achievement and certainly one he has worked hard to achieve. Also thanks and congratulations to Michael for his continued excellence in the development of the Wenona based program, also placing an athlete onto the 2016 Junior Sharks team.

Our Junior and assistant coaches Kelsey and Maddy have also been superb at LC as have the numerous helping Michael at Wenona.

This year has again seen growth from the bottom up - building a stronger and wider base which in turn has boosted our Club Championship attendance as well as the numbers we have had at District meets. Lane Cove is in a wonderful position to continue supporting the communities swimming needs as well as helping those achieve competitive goals through school, NSW age group and master's competitions.

Our National team this year may have not been our largest but it's team members will certainly be back again in 2017 and we can expect our qualifiers to double following the progress being made in the training pool. Experience at this level is the key with all swimmers now wiser for the goals and the journey that lies ahead.

Coaching is always a challenge of waking up / staying awake and driving people to achieve the impossible but the group we have provide energy and bravery as they willingly try to conquer all challenges. It's a tough sport, we all know that but one that lasts through the ages and I hope you all be part of our 2016/17 season that lies ahead.

With growth comes change - don't rely on what you've always done. Set the goal, lay down the steps and follow the path set. The journey will always lead somewhere.

Brett Winkworth

Appendix D: Learn to Swim Report

The 2015/16 Learn to Swim program has been exceptionally successful, with kids coming each week to learn and improve their swimming. The Learn to Swim program commenced on the 10<sup>th</sup> October 2015 and concluded on the 19<sup>th</sup> March 2016. Each week we had children aged from 4-12 ready to swim with roughly 6 instructors eager to teach. We were more than grateful to have help from some of the St Joseph's College Hunters Hill boys with instructing, enabling the kids to learn to swim and the instructors gaining experience.

Multiple children participated in the 25m club races before we started Learn to Swim and it was great to see them putting what we taught them each week into practice. Despite cold weather on some of the weeks the parents and instructors were excited to see the kids improve all aspects of their swimming. We got plenty of positive feedback from both parents and their children and have been told they are eager to join us again for a fun filled 2016/17 Learn to Swim season. We thoroughly enjoyed coordinating the season and found it very rewarding to see both little and big improvements made each week and are thankful to Lane Cove for allowing the program to happen.

Thanks, Charlotte Easten and Tyson Baker

# Appendix E: Membership Fee Structure



# Lane Cove Swim Club Registration Fees 1st Oct 2016-30th Sept 2017

#### (covering the full year from 1<sup>st</sup> October 2016 to 30<sup>th</sup> September 2017)

#### General swimmer memberships:

We have had no increase in the membership fees for general swimmers from last year although there is a slight increase in fees per swimmer required to be paid to Swimming NSW and Swimming Australia. Winter memberships for general swimmers have increased by \$2.00 only.

#### **Competitive swimmer Memberships:**

We have had no increase in the competitive membership fees this year although there is a slight increase in fees per swimmer required to be paid to Swimming NSW and Swimming Australia.

The competitive membership fee enables the club to support the attendance of our wonderful coaches at all targeted carnivals and also at interstate National Carnivals. Membership also covers the cost of relay entry fees to major area, state and national meets,

#### Please note:

#### Club Membership Fees:

If swimmer is **under** 18 years at least one adult family member should also be a club member and registered with Swimming NSW.

2016/17 Swimming NSW/SAL registration fees paid to SNSW/SAL are included in all LCSC annual fees:

#### Swimmer: \$61.00

#### Non-swimmer: \$20.50

This is a requisite part of Club Membership and is paid directly to Swimming NSW and Swimming Australia. It covers personal injury insurance and registration to both Swimming NSW and Swimming Australia Ltd ("SAL").

#### A) General Memberships

(NB: all swimmer memberships include free race entry at Saturday morning Club, Friday night winter club, the Mile Swim and Club Championships)

Single Child Swimmer	\$99
Single Adult Swimmer	\$99
Senior Adult swimmer (over 60yrs)	\$65
Child non swimmer/ Learn to swim	\$25
Adult Non Swimmer/Learn to swim	\$25
Second Claim membership	\$50
Winter Swimmer (joining after 1 <sup>st</sup> April 2016)	\$61

Note: Child' is 18 years or under as at 31st December 2016)



#### **B)** Competitive Swimmer Membership

Competitive swimmer membership includes all general swimmer membership inclusions as above **PLUS** supports attendance of coaches at targeted meets and payment of any relay entry fees for swimmers selected to swim in LCSC team relay events.

Competitive Membership	\$180
Competitive Membership joining after 1 <sup>st</sup> April 2017	\$80
Transfer of membership for competitive swimmer (from general membership)	\$81
Transfer of membership for competitive swimmer after 1 <sup>st</sup> April 2016 (from general membership)	\$21

#### **Terms & Conditions for Membership**

- 1. To compete at a carnival, competitive swimmers are required to nominate a non-swimming adult (16 years or over) as their assistant. The nominated non-swimming adult is required to perform official duties for LCSC at the carnival (timekeeping, marshalling, etc) as designated by a roster and as notified by email.
- 2. Swimmers must retain a LCSC competitive membership if training with LCSC squads
- All Swimmers agree to the use of photographs of the swimmer to be used on the LCSC website and in promotional material. If they do not agree consent can be declined by emailing <u>lanecoveswimclub@gmail.com</u> and identifying the swimmer where permission is not granted.
- 4. No club swimmer will be considered for relay team selection unless they have a competitive swimmer membership.

# Appendix F: Summer Calendar

# Lane Cove Swim Club Summer Calendar 2016/17

MONTH	DATE	DAY	TIME	EVENT	LEARN TO SWIM	VENUE
October	8	Sat	7am	POINTSCORE 1 - A		Lane Cove
	15	Sat	7am	POINTSCORE 2 - B	LTSwim 1	Lane Cove
	16	Sun	2-4pm	Qualifying Time Meet		Wenona
	22	Sat	7am	POINTSCORE 3 - C	LTSwim 2	Lane Cove
	22	Sat		NSW MC Champs		SOPAC
	23	Sun		SMNE U13 Sprints		SOPAC
	29	Sat	7am	POINTSCORE 4 - A	LTSwim 3	Lane Cove
	30	Sun	9am	LCSC Spring Meet		Lane Cove
November	1-5	Wed-Sat		Australian Short Course Champ		Brisbane
	5	Sat	7am	POINTSCORE 5 - B	LTSwim 4	Lane Cove
	5-6	Sat-Sun		SMNE Summer Champs		SOPAC
	12	Sat	7am	POINTSCORE 6 - C	LTSwim 5	Lane Cove
	19	Sat	7am	POINTSCORE 7 - A	LTSwim 6	Lane Cove
	25-27	Fri-Sun		NSW Metro Champs		SOPAC
	26	Sat	7am	POINTSCORE 8 - B	LTSwim 7	Lane Cove
December	3	Sat	7am	POINTSCORE 9 - C	LTSwim 8	Lane Cove
	9-10	Fri-Sat		NSW State Age 10&U-12 yrs		SOPAC
	10	Sat	7am	POINTSCORE 10 - A	LTSwim 9	Lane Cove
	12-17	Mon-Sat		NSW State Age 13-18 yrs		SOPAC
	17	Sat	7am	XMAS PARTY (+ Learn to Swim)	Party	Lane Cove
	19-20			NSW Open Water Champs		SIRC
January	21	Sat	7am	POINTSCORE 11 - B		Lane Cove
,	28	Sat	7am	POINTSCORE 12 - C		Lane Cove
February	4	Sat	7am	POINTSCORE 13 - A	LTSwim 10	Lane Cove
	5	Sun		Speedo Sprint Heats		SOPAC
	10-12	Fri-Sun		NAT Open & Age Water Champs		Adelaide
	11	Sat	7am	POINTSCORE 14 - B	LTSwim 11	Lane Cove
	12	Sun	5pm	LCSC Mile		Lane Cove
	18	Sat	7am	<b>POINTSCORE 15</b> - C + 800m	LTSwim 12	Lane Cove
	19	Sun	6pm	Club Championship Night 1		Lane Cove
	25	Sat	7am	<b>POINTSCORE 16</b> - A + 1500m	LTSwim 13	Lane Cove
	26	Sun	6pm	Club Championship Night 2		Lane Cove
March	3-5	Fri-Sun		NSW State Open Champs		SOPAC
	4	Sat	7am	POINTSCORE 17 - B	LTSwim 14	Lane Cove
	11	Sat	7am	POINTSCORE 18 - C	LTSwim 15	Lane Cove
	12	Sun		Speedo Sprint Finals		SOPAC
	18	Sat	7am	POINTSCORE 19 - A	LTSwim 16	Lane Cove
	25	Sat	7am	POINTSCORE 20 - B + Parent/Child Heats	LTSwim 17	Lane Cove
	25-31	Sat-Fri		Australian Championships		Brisbane
April	1	Sat		End Season Party + Jo Field Trophy + P/Child Final	Party	Lane Cove
	10-17	Mon-Mon		Australian Age + MC Champ		SAALC, Adelaide

2016 Public School Term 4: begins Mon 10/10/16 • ends Fri 16/12/16 2017 Public School Term 1: begins Fri 27/01/17 • ends Fri 7/04/16 Easter - Good Friday 14/04/17

ONLY 3 RACES may be swum each week and each race must be a DIFFERENT STROKE

Distances are 'long' (200m/400m), 100m, 50m, and 25m

Medley may be swum in the long race and is counted as Freestyle in the pointscore

WEEK A - Freestyle, Breaststroke, Butterfly. Long - 200m
WEEK B - Freestyle, Backstroke, Breaststroke. Long - 200m
WEEK C - Freestyle, Backstroke, Butterfly. Long - 400m

2017 CLUB CHAMPIONSHIPS Entry Requirements - minimum 3 Saturday morning meets