



Lane Cove Swimming Club Inc.

Policy on Roma Edmunds Memorial Mile

3.1 Eligibility

- a. Only first claim members are permitted to enter the Roma Edmunds Memorial Mile.
- b. Only members who have recorded three 100m freestyle or three 50m freestyle swims at Saturday club or other interclub carnivals in the current season will be eligible for handicapping results. A members fastest time will be used to calculate their handicap whether this is swum at club or at an external competition.

3.2 Entries

- a. Entries for the Roma Edmunds Memorial Mile will be accepted by the Race Secretary at the Saturday morning meets no later than 1 week prior to the event. Entries open 2 weeks prior to closure. The heat listing is placed on the Notice Board on the Saturday prior to the event.
- b. To be eligible for a gold or silver medal a swimmer must swim in their allocated heat and have recorded three 100m freestyle or three 50m freestyle swims in the current season.

3.3 Awarding of Medals

- a. A gold medal is presented to the swimmer with the fastest overall time.
- b. A silver medal is presented to each heat winner except:
 - i. When the handicap winner comes first in a heat. The silver medal then goes to the second placegetter.
 - ii. In the heat where the fastest time is recorded. The second placegetter receives the silver medal.
- c. All other eligible competitors receive bronze medals.

3.4 Handicap Time

- a. The handicap time is calculated from the fastest 100 metres up to and including the date when entries close. If 100 metres has not been swum, this time is calculated from the Fawcett chart.
- b. Only members who have recorded three 100m or three 50m freestyle swims at Saturday club or other interclub carnivals in the current season will be eligible for handicapping. A members fastest time will be used to calculate their handicap whether this is swum at club or at an external competition.
- c. The handicap time is calculated as the fastest 100m time multiplied by a factor of 20.25. When dealing with hundredths of a second up to 50 the fraction is disregarded, and for 51 to 99 the time is taken to the next slower second. The first heat contains the slowest graded swimmers and the last heat contains the fastest graded swimmers.
- d. At the discretion of the Handicapper a swimmer may be placed into a faster or slower heat when their times from previous mile swims or current form justifies this.